

VIDEO
CONSULTATIONS
ARE NOW
AVAILABLE AT



Talking to us via Video Link

There's nothing quite like a face-to-face consultation, but talking on a video link via your mobile phone, tablet or laptop doesn't come far behind.

We're using video a lot at the moment, and it's bound to play a part in the future.

We've been amazed how well it's been received by patients, and find it incredibly useful, provided it's used properly. Here are 5 tips for a good video:

1. Make sure you've got the best signal you can.
2. Try to stand by a window, with lots of light.
3. Know where to point your device- if you've a problem with your elbow we don't need a shot of your knee!
4. Ideally ask someone else to hold the device for you or help you hold it steady.
5. Follow the simple instructions when you receive the 'link' message on your phone, tablet or laptop.

A little practice makes perfect, and we find there are often a few laughs along the way!

Good Luck